**Overview**

In this class, we will discuss what is means to be a disciple, provide some tools necessary to help in your journey, and examine some healthy habits we can develop to be closer to Christ. During this time, we will guide you through the essential beliefs every Christian needs to find success in their walk with Christ.

**What is Spiritual Maturity?**

Spiritual Maturity is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **.**

*“For from the very beginning God decided that those who came to him... should become like his Son...” Romans 8:29 (LB)*

 **FACTS ABOUT SPIRITUAL MATURITY**

 *“Take the time and the trouble to keep yourself spiritually fit.” 1 Timothy 4:7 (Ph)*

 1. It is not automatic.

 2. It is a process.

 3. It takes discipline.

**What is a Disciple?**

*“…And for an entire year they met with the church and taught considerable numbers; and the disciples were first called Christians in Antioch. Acts 11:26 (NAS)*

1. Mature believers are called \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **.**

2. The term disciple comes from the word \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **.**

3. The more like Christ I become \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**.**

**How can I become a Disciple?**

1. **You must be** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**. (Relationship not religion)**

 *“When anyone becomes a Christian he becomes a new person inside. The old passes away, a new life has begun.” 2 Corinthians 5:17 LB*

 *Jesus: “If you try to keep your life for yourself, you will lose it. But if you give up your life for me, you will find true life.” Matthew 16:25 NLT*

 God created humans to have fellowship with Him, but they defied God by sinfully going their own way. As a result, we need God’s saving grace to end our alienation from Him. Salvation comes only through God’s grace - not human effort - and must be received personally by repentance and faith. At the end, everyone will experience bodily resurrection and the judgment. Only believers will enjoy eternal fellowship with God.

1. **By developing the** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **of a disciple.**

“... You have put off the old self with its HABITS, and have put on the new self ... which God is continually renewing in his own image, to bring you to a full knowledge of himself.” *Colossians 3:9-10*

**Definition of “habit” (Webster’s II Dictionary):**

“A continual, often unconscious inclination to do a certain activity, acquired through frequent rep­etition. An established disposition of the character.”

**The habits of a disciple are:**

1. Bible study & prayer.

2. Fellowship with other believers.

3. Growing spiritually by living a Spirit led life.

4. Giving of yourself.

**Habits of a Disciple**

 **Habit One: Bible Study & Prayer**

 *“The whole Bible was given to us by inspiration from God and is useful to teach us what is true and to make us realize what is wrong in our lives; it straightens us out and helps us do what is right. It is God’s way of making us well prepared at every point, fully equipped to do good to everyone.” 2 Timothy 3:16-17 (LB)*

 **How to get more from my Bible:**

 **1. I must** \_\_\_\_\_\_\_\_\_\_\_\_\_\_ **its authority**

 Your attitude toward the Bible makes a huge difference.

 *“We also thank God continually because, when you received the Word of God which you heard from us, you accepted it, not as the word of men, but actually as it is, the Word of God, which is at work in you who believe.” 1 Thessalonians 2:13*

 **We believe in the closed canon of scripture:**

 A. There are not, nor will there ever be, any other books, verses or ideas added to the Bible or placed beside it as equal in authority or revelation.

 B. All preaching, teaching, prophesying or any other communication being declared in the name of the Lord is to be subject to measurement by the content of the Word of God.

 **2. I must** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **its truths**

 A. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ God’s Word

 *“Faith comes from hearing the Word of God.” Romans 10:17*

 B. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ God’s Word

 *“Happy is the one who reads this book ... and obeys what is written in it!” Revelation 1:3 GN*

 **How often should I read God’s Word?** DAILY.

 *“(The Scriptures) shall be his constant companion. He must read from it everyday of his life so that he will learn to respect the Lord his God by obeying all of his commands.” Deuteronomy 17:19 LB*

 C. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ God’s Word

 “...they accepted the message eagerly and studied the Scriptures everyday ...” *Acts 17:11 Ph*

 D. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ God’s Word

 *“Guard my words as your most precious possession. Write them down, and also keep them deep within your heart.”*

*Proverbs 7:2-3 LB*

 E. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on God’s Word

 *“(Those) who are always meditating on His Laws ... are like trees along a river bank bearing fruit ... they never wither and whatever they do prospers.” Psalm 1:2-3 LB*

 Meditation is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ about a Bible verse in order to discover how to apply its truth to life.

 F. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ God’s Word with an open heart

 *“Those on the rock are the ones who receive the Word with joy when they hear it, but they have no roots... Therefore consider carefully how you listen.” Luke 8:13-18*

 The word “receive” is dechomai in the Greek It literally means “to welcome”

 **3. I must** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **its principles**

 “Once you know these things you will be blessed if you do them.”

 *John 13:17*

 *“Do not merely listen to the word, and so deceive yourselves. Do what it says.” James 1:22*

**Talking with God**

 *Always be joyful. Never stop praying. 1 Thessalonians 5:16-17(NLT)*

In the beginning we were created to have fellowship with God but because of Adam’s fall Jesus sacrificed Himself to make a relationship with God possible.

Jesus exampled a personal relationship with God through prayer, that gave Him great strength.

Every person who has ever been effective in service for God has developed this habit. The only way to be a healthy Christian is to commune with God daily through prayer!

 **1. The purpose of daily prayer time**

 To \_\_\_\_\_\_\_\_\_\_\_\_\_ devotion to God.

 *“(Hezekiah) was successful, because everything he did ... he did in a spirit of complete devotion to his God.”* 2 Chronicles 31:21 GN

 To \_\_\_\_\_\_\_\_\_\_\_\_\_ direction from God.

 *“Show me the path where I should go, O Lord; point out the right road for me to walk. Lead me ...”* Psalm 25:4 LB

 To \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ delight in God.

 *“Delight yourself in the Lord; and he will give you the desires of your heart.”* Psalm 37:4 KJV

 To \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ more like God.

 *“Jesus has the power of God, by which he has given us everything we need to live and to serve God. We have these things because we know him…. With these gifts you can share in being like God”*

 2 Peter 1:4 NCV

 **2. How to begin a daily prayer time**

 Select a specific \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

 *“Very early in the morning, while it was still dark, Jesus got up, left the house and went to a soli­tary place, where he prayed.”*

 *Mark 1:35*

 Follow a simple \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

 How to Spend Fifteen Minutes with God:

 1. Read a verse. (4 Minutes)

 2. Reflect on the verse. (4 Minutes)

 3. Record what God desires of you. (3 Min.)

 4. Request from God. (4 Minutes)

 5. Resources in the Appendix

 *“Let us not get tired of doing what is right, for after a while we will reap a harvest of blessing if we don’t get discouraged and give up.” Galatians 6:9 LB*

 **Habit Two: Fellowship With Other Believers**

 *“Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage each other.” Hebrews 10:25 (GN)*

 **How can a church grow large yet maintain close friendships?**

 Every member needs to be a part of a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

 *“(They met) day after day, in the Temple courts and from house to house.” Acts 5:42*

 *“You know that I have not hesitated to preach anything that would be helpful to you but have taught you publicly and from house to house.”*

 *Acts 20:20*

 **Habit Three: Living the Spirit Filled Life**

 **Who is the Holy Spirit?**

 The Holy Spirit is a Person.

 *"I will ask the Father, and He will give you another Helper, that He may be with you forever…" (John 14:16)*

 The Third Person in the Trinity.

 *"But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all that I said to you." (John 14:26)*

 **What does Spirit Led Living Produce in our Lives?**

 \_\_\_\_\_\_\_\_\_\_\_\_

 *"And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever…" (John 14:16 KJV)*

 *"So the church throughout all Judea and Galilee and Samaria enjoyed peace, being built up; and going on in the fear of the Lord and in the comfort of the Holy Spirit, it continued to increase." (Acts 9:31)*

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 *"But now I am going to Him who sent Me; and none of you asks Me, ' Where are You going?' "But because I have said these things to you, sorrow has filled your heart. "But I tell you the truth, it is to your advantage that I go away; for if I do not go away, the Helper will not come to you; but if I go , I will send Him to you. "And He, when He comes, will convict the world concerning sin and righteousness and judgment…" (John 16:5-8)*

 \_\_\_\_\_\_\_\_\_\_\_\_\_

 *"But when He, the Spirit of truth, comes, He will guide you into all the truth; for He will not speak on His own initiative, but whatever He hears, He will speak; and He will disclose to you what is to come." (John 16:13)*

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_

 *“But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." (Acts 1:8)*

 \_\_\_\_\_\_\_\_\_\_\_

 *“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.” (Galatians 5:22-23)*

 \_\_\_\_\_\_\_\_\_\_\_\_

 *“There are different kinds of gifts, but the same Spirit… Now to each one the manifestation of the Spirit is given for the common good. To one there is given through the Spirit the message of wisdom, to another the message of knowledge by means of the same Spirit, to another faith by the same Spirit, to another gifts of healing by that one Spirit, to another miraculous powers, to another prophecy, to another distinguishing between spirits, to another speaking in different kinds of tongues, and to still another the interpretation of tongues. All these are the work of one and the same Spirit, and he gives them to each one, just as he determines.” (1 Corinthians 12:4-11)*

**Habit Four: Giving of Yourself**

 *“Just as you excel in everything else... in faith, in speech, in knowledge, in complete earnestness... see that you also excel in the grace of giving.” 2 Corinthians 8:7*

 **THREE AREAS OF GIVING**

 **1. Give of your** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **.**

 *Therefore be careful how you walk, not as unwise men but as wise, making the most of your time, because the days are evil. Ephesians 5:15-16 NAS*

 **2. Give of your** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **.**

**(Serving on a Ministry Team)**

 *A spiritual gift is given to each of us so we can help each other.*

 *1 Corinthians 12:7 NLT*

 **3. Give of your** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **.**

 *If your gift is… giving, give generously. Romans 12:8 NLT*

 *“Yes, you should tithe, and you shouldn’t leave the more important things undone either.” Matthew 23:23*

 **SEVEN BENEFITS OF GIVING**

 **1. Giving makes me become like** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **.**

 *“God so loved the world that He gave his only Son...” John 3:16*

 **2. Giving draws me** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **to God.**

 *“Where your treasure is, there your heart is also.” Matthew 6:21*

 **3. Giving is the antidote to** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **.**

 *“Command those who are rich in this present world not to be arrogant nor to put hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment. Command them to be generous and willing to share. In this way they may take hold of the life that is truly Life!”*

 *1Timothy 6:17-19*

 **4. Giving strengthens my** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

 *“Trust in the Lord with all your heart and lean not on your own understanding. Honor the Lord by giving him the first part of your income, and he will fill your barns to overflowing.” Prov. 3:5, 9*

 *“Give and it will be given to you ... For with the measure you use, it will be measured back to you.” Luke 6:38*

 **5. Giving is an investment in** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

 *“...Give happily to those in need, and always be ready to share whatever God has given you. By doing this, you will be storing up real treasure for yourselves in heaven - it is the only safe invest­ment for eternity.” 1Timothy 6:18-19 LB*

 **6. Giving** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **me in return.**

 *“A generous man himself will be blessed.” Proverbs 22:9*

 *“A generous man will prosper; he who refreshes others will himself be refreshed.”*

 *Proverbs 11:25*

 **7. Giving makes me**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

 *(Jesus) “There is more happiness in giving than in receiving.” Acts 20:35 LB*

 **GIVING WITH THE RIGHT ATTITUDES**

 **1. Give** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **.**

 *“For if the willingness is there, your gift is acceptable according to what you have, not according to what you don’t have.” 2 Corinthians 9:12*

 *“Each one should give what he has decided in his heart to give, not reluctantly or under pressure ...” I Corinthians 9:7a*

 **2. Give** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **.**

 *“...for God loves a cheerful giver!” 2 Corinthians 9:7b*

 **3. Give** \_\_\_\_\_\_\_\_\_\_\_\_\_\_ **.**

 *“They gave as much as they were able, and even beyond their ability. Entirely on their own, they urgently pleaded with us for the privilege of sharing in this service ...” 2 Corinthians 8:3-4*

 **4. Give** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **.**

 *“Remember this: Whoever sows sparingly will also reap sparingly; and whoever sows generously will reap generously.” 2 Corinthians 9:6*

 “...THEY FIRST GAVE THEMSELVES TO THE LORD ... “ *2 Corinthians 8:5*

**How to Start and Maintain Good Habits**

**STEP ONE: DESIRE**

You must start with a strong desire. You must be internally motivated. External motivations don't last. If you start only half-heartedly, you will never make it to the success point.

**STEP TWO: DECIDE**

Begin right now! Don't wait. Don't procrastinate. You don't slide into a new habit. "One of these days" never arrives. You must have a starting point. It's easier to break a bad habit today than it will be tomorrow!

**STEP THREE: DECLARATION**

Announce your intentions publicly. Make a covenant or resolution. The power of a vow is awesome. It is particularly powerful if you put your commitment in writing.

**STEP FOUR: DETERMINATION**

Never allow an exception until the new habit is securely rooted in your life. Each lapse will be fatal. A single slip unwinds many turns at first. Continuity and success at the start is essential. Never be swayed by "just this once". The act of yielding weakens the will and reinforces your lack of self-control. It takes 3 weeks to become comfortable with a new habit and it takes another 3 to 4 weeks (doing it daily) for it to become a part of your life.

**STEP FIVE: JUST DO IT!**

Whenever you feel the slightest urge or prompting to practice this new habit - DO IT THEN! Don't wait. Seize every opportunity to reinforce your habit. Those feelings will not last, so whenever you feel inclined to perform your new habit, do so!

**STEP SIX: DOUBLE UP**

Get a partner who will support you and encourage you. Find someone who is willing to hold you accountable and check up on you especially in the early days before the habit is firmly rooted in your life.

**STEP SEVEN: DEPEND ON GOD**

Rely on God's power to help you establish the habit. Remember, Satan does not want you to develop habits that help you grow spiritually and make you like Christ so he will do all he can to tempt you, cause you to slip, or discourage you. Pray!

What’s Your Next Step?

Finding Purpose - Your next step in the Twin Rivers Connect Track is the Finding Purpose class. We want to help you realize what makes you so unique.  This class will help you discover your gifts, your passions, and your purpose. We believe God gave you a divine design, let’s find out what it is!

**Extras**

**Claim God’s promises in the Bible**

Battles – 1 John 4:4, Luke 10:19, Rom. 8:37

Money – Philippians 4:19, Psalm 1:1-3

Fear – Psalm 27:1

Sickness – Psalm 103:3

Confidence – 2 Corinthians 3:6

Safety – Psalm 121:8

**Who I Am In Christ**

**I Am Accepted…**

Jn 1:12 I am God’s child

Jn 15:15 I am Christ’s friend

Rom 5:1 I have been justified

1 Cor 12:27 I am a member of Christ’s Body

Col 1:14 I am redeemed and forgiven

Col 2:10 I am complete in Christ

**I Am Secure…**

Rom 8:1-2 I am forever free from condemnation

Rom 8:31-34 I am free from any charge against me

Rom 8:35-39 I cannot be separated from the love of God

2Cor 1:21-22 I am established, anointed, sealed by God

2Tim 1:7 I have not been given a spirit of fear…

1Jn 5:18 Born of God, the evil one cannot touch me

**I Am Significant…**

Jn 15:16 I have been chosen and appointed by God

Acts 1:8 I am a personal witness of Christ

1Cor 3:16 I am God’s temple

2Cor 5:17-21 I am a minister of reconciliation for God

Eph 2:6 I am seated with Christ in heavenly realms

Phil 4:13 I can do all things thru Christ who strengthens

**Memorize the 16 Attributes of Love**

**1Cor 13:4-8**

Love is patient

Love is kind

Love is not jealous

Love is not boastful

Love is not proud

Love is not rude

Love does not demand its own way

Love is not irritable

Love takes no account of a suffered wrong

Love is never glad about injustice

Love rejoices in truth

Love never gives up

Love never loses faith

Love is always hopeful

Love endures every circumstance

Love lasts forever

**Love teaches me how to respond to every person, every circumstance, every single time!**

**Questions about Tithing**

* What is tithing? "Tithe" means "a tenth part."
* What is the difference between a tithe and an offering?

A “tithe” is giving the first tenth of my income.

An “offering” is anything I give in addition to my tithe.

* Why should I tithe?
	+ Because God commands it.

“A tenth of all you produce is the Lord's." (Leviticus 27:30)

* + Because Jesus commended it.
	"Yes, you should tithe, and you shouldn't leave the more important things undone either." (Matthew 23:23)
	+ Tithing demonstrates that God has first place in my life.
	"The purpose of tithing is to teach you to always put God in first place in your life." (Deuteronomy 14:23 LB)
	+ Tithing reminds me that everything I have was given to me by God!
	"Always remember that it is the Lord your God who gives you the ability to produce wealth." (Deuteronomy 8:18)
	+ Tithing expresses my love to the Lord.
	"Each of you should bring a gift in proportion to the way the Lord your God has blessed you." (Deuteronomy 16:17)
	+ God says that refusing to tithe is stealing from Him!
	"God says 'Will a man rob God? Yet you are robbing me!' But you ask, 'How do we rob you?' God says 'In tithes and offerings ... Bring your whole tithe to My house.'” (Malachi 3:8-10)
	+ Tithing gives God a chance to prove He exists and wants to bless you!
	"Bring your whole tithe to My storehouse. Test me in this" says the Lord, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that you won't have room enough for it! (Malachi 3:10)
* What should I tithe? The first part of what I earn.
"Honor the Lord by giving him the first part of all your income." (Proverbs 3:9-10)
* Where should I give my tithe? Where I worship.
"Bring your whole tithe to My Storehouse (Temple).” (Malachi 3:10)
* When should I tithe? Weekly.
"On the first day of every week, set aside some of what you have earned and give it as an offering. The amount depends on how much the Lord has helped you earn." (1 Corinthians 16:2 LB)

**WARFARE PRAYERS**

**Is Your Yoke Broke?**

(2 Cor 6:14-7:1, 10:3-5, Rom 12:1,2)

"Heavenly Father, I bow in worship and praise before you. I cover myself with the blood of the Lord Jesus Christ as my protection. I surrender myself completely and unreservedly in every area of my life to you. I take a stand against all the workings of Satan that would hinder me in my prayer life. I address myself only to the true and living God and refuse any involvement of Satan in my prayer. Satan, I command you in the name of the Lord Jesus Christ, to leave my presence with all your demons. I bring the blood of the Lord Jesus Christ between us. I resist all the endeavors of Satan and his wicked spirits to rob me of the will of God. I choose to be transformed by the renewing of my mind. I pull down every thought that exalts itself against the knowledge of Christ and loose into myself a sound mind, the mind of Christ."

**General Confession and Prayer**

(Rom 10:10, James 5:16, I John 1:7-9, 3:8)

"Lord Jesus Christ, I believe that you are the Son of God. That you are the Messiah come in the flesh to destroy the works of the devil. You died on the cross for my sins and rose again the third day from the dead. I now confess all my sins and repent. I ask you to forgive me and CLEANSE me now from all sin. Thank you for redeeming me, cleansing me, justifying me and sanctifying me in your blood."

**Forgiveness Prayer**

(Matt 6:14, 15, Lev 19:18)

"Lord, I have a confession to make. I have not loved, but have resented certain people and have unforgiveness in my heart. I call upon you, Lord, to help me forgive them. I do now forgive (name them, both living and dead). I ask you to forgive them also, Lord. I do now forgive and accept MYSELF in the name of Jesus Christ."

**Occult Confession Prayer**

(Deut 18:10-13, Gal 5:20)

"Lord, I now confess seeking from Satan the help that should come from God. I now confess as sin (name all occult sins) and also those sins I cannot remember. Lord, I now repent and renounce those sins, and ask you to forgive me. I rebuke Satan. I count all things of Satan as my enemies. In the name of Jesus Christ, I now close the door on all occult practices, and I command all such spirits to leave me in the name of Jesus Christ."

(Here is a very brief list of occult practices: channeling, astral projection, crystals, precognition or fortune telling, telepathy, clairvoyance, telekinesis, ouija board, tarot cards, good luck charms, séances, involvement with Edgar Cayce, Jean Dixon, Shirley McLain, communication with the dead or any spirit of a human being, dead or alive (this is really communication with demons impersonating people) mind control, witchcraft, four-leaf clover, rabbit foot, wishbone, E.S.P., transcendental meditation, hypnosis, mind altering drugs, yoga, incense, dungeons and dragons, pendulum, palm reading, automatic handwriting, horoscopes, signs of zodiac, voodoo, magic, levitation, water witching, tealeaf reading, secret organizations like Freemasons, the worship of or praying to any other that the Father, Son and Holy Spirit.)

**Pride**

(Prov 11:2, 16:18. 26:12, I Tim 3:6)

"Father, I come to you in the name of the Lord Jesus Christ. I know pride is an abomination to you. I renounce anything that would cause me to have pride in my heart in dealing with other people. I renounce these and turn away from them. I humble myself before you and come to you as a little child." (Study Prov 6:16-19. Also, remember that fasting is a means by which a person humbles himself before the Lord).

**Unbelief and Doubt**

(John 16 8,9, Romans 11 20, 21, Heb 3:7-19)

"Father, I renounce unbelief and doubt as sin, and ask you to forgive me from these. I ask you, Father, to replace them with great confidence in your Word and great faith and trust in you."

**Negative Spiritual and Emotional Ties**

(I Sam 18:1, I Cor 6:15, 16)

"Father, I break and renounce evil spiritual and emotional ties that I have had or may have and with (lodges, adulterers, close friends, husbands, wives, engagements, cults, and binding agreements between buddies). I renounce these evil ties. I break them, and wash them away with the shed blood of the Lord Jesus Christ."

**Generational Bondage Prayer**

(Ex 20:4-6, 34:7, Num 14:18)

"In the name of the Lord Jesus Christ, I now renounce, break and loose myself from all psychic powers, bondages, or bonds of physical or mental illness upon me, my family or family line as the result of parents or any other ancestors. I thank you, Lord, for setting me free."

**Loosing of Curses, Spells, Etc. Prayer**

(Num 14:18, James 3:9)

"In the name of Jesus Christ, I now rebuke, break and loose myself and my children from any and all evil curses, charms, vexes, hexes, spells, jinxes, psychic powers, bewitchment, witchcraft, and sorcery that have been put upon me or my family line from any persons or from any occult or psychic sources, and I cancel all connected and related spirits and command them to leave me. I break the power of any negative word that has ever been spoken against me or anyone in my family. I thank you, Lord, for setting me free."

**Loosing from Domination Prayer**

(Deut 23:2, 18:10-12, Gal 5:20)

"In the name of Jesus Christ I now renounce, break and loose myself from all demonic subjection to my parents, grandparents, or any other human beings, living or dead, who have dominated me in any way. I thank you, Lord, for setting me free."

**Come to Jesus Delivery Prayer**

(Matt 18:18, Isa 11:2, I Cor 4:4, 6:19, 20, I John 4:1)

"In the name of the Lord Jesus Christ, I command Satan and all his demons to loose my mind. I ask you Father to send angels to cut and sever all fetters, bands, ties, and bonds, whether they be by word or deed. I now ask the Lord, to loose the Spirits of the Lord, listed in Isaiah 11:2, (the Spirit of the Lord, the Fear of the Lord, Counsel, Might, Wisdom, Knowledge, and Understanding) into me and my family.

I come to you, Jesus, as my deliverer. You know all my needs (name them). I now loose myself from every dark spirit, from every evil influence, from every satanic bondage, from every spirit in me that is not the spirit of God, and I command all such spirits to leave me now in the name of Jesus Christ. I confess that my body is the temple of the Holy Spirit, redeemed, cleansed, and sanctified by the blood of Jesus. Therefore, Satan has no place in me, no power over me, because of the blood of Jesus."

**Restoring the Soul Prayer**

(Ps 23:3, Heb 4:12)

"Father, I thank you that as I am being set free by your power and learning to stand firm against the power of the devil, that my soul is being restored and returned to its proper place within me. I rebuke the devil for trying to destroy my life, and I command all spirits that have attacked my soul to loose it and let it go. I set my mind, will and emotions one hundred percent toward the service of the Lord Jesus Christ."

**Blood of Jesus Prayer**

Through the blood of Jesus, I am redeemed out of the hand of the devil. Through the blood of Jesus, all my sins are forgiven. The blood of Jesus Christ, God's son, cleanses me continually from all sin. Through the blood of Jesus, I am justified, made holy, set apart unto God. My body is a temple for the Holy Spirit. I am redeemed, cleansed, sanctified, totally set free from the bondage of the devil by the blood of Jesus. Therefore, Satan has no part in me, no power over me, through the blood of Jesus. I renounce Satan. I loose myself from him and command him to leave me, in the name of the Lord Jesus Christ!"

**THE LORD’S PRAYER**

**I. OUR FATHER WHICH ARE IN HEAVEN, HALLOWED BE THY NAME**

A. Picture Calvary and thank God you can call Him Father by virtue of the blood of Jesus.

B. Hallow the name of God, corresponding with the five benefits in the new covenant, and make your faith declarations:

**Benefit Name Meaning**

Sin Jehovah Tsidkenu Righteousness

 Jehovah M’Kaddesh Who sanctifies

Sickness Jehovah Rapha Our Healer

Security Jehovah Nissi Banner of victory

 Jehovah Raah My shepherd

Spirit Jehovah Shalom My peace

 Jehovah Shammah Who is there

Success Jehovah Jireh Our provider

**II. THY KINGDOM COME, THY WILL BE DONE** (Binding and Loosing)

 A. Nation, State, County and City

 B. Church

 1. Pastors

 2. Group Leaders

 3. All believers at Twin Rivers

 4. Lost people at Twin Rivers

 C. Your Family

 D. Yourself

**III. GIVE US THIS DAY OUR DAILY BREAD**

 A. Your requests to God

 B. Asking God to prosper you

**IV. FORGIVE US OUR DEBTS AS WE FORGIVE OUR DEBTORS**

 A. Ask God to forgive you

 B. Forgive and release others

C. Set your will to forgive those who sin against you

**V. LEAD US NOT INTO TEMPTATION BUT DELIVER US FROM EVIL**

 A. Put on the whole armor of God

 1. Helmet of Salvation

 2. Breastplate of Righteousness

 3. Loins Gird about with Truth

 4. Feet shod with of the Gospel of Peace

 5. Shield of Faith

6. Sword of the Spirit which is the Word of God

 B. Pray a hedge of protection around you

**VI. FOR THINE IS THE KINGDOM, AND THE POWER, AND THE GLORY**

 A. Make your faith declarations

 B. Return to praise and worship

**Answer Key**

Page 1: Being like Christ, Disciples, Disciplined, The more God can use me

Page 2: Born again, Habits

Page 3: Accept, Assimilate, Hearing, Reading

Page 4: Studying, Memorizing, Meditating, Focused Thinking, Receiving, Apply

Page 5: Give, Get, Gain, Grow

Page 6: Time, Place, Plan, Life Group

Page 7: Comfort, Conviction, Guidance, Power

Page 8: Character, Spiritual Gifts, Time, Talents, Treasure,

Page 9: God, Closer, Materialism, Faith, Eternity, Blesses, Happy,

Page 10: Willingly, Cheerfully, Sacrificially, Expectantly